

BEING FULLY PRESENT

Redeeming Today

Ephesians 5:15-16 / October 8, 2017 / Pastor Bill Russell

🌀 **INTRO:** *Will Beauty Transcend?*

➤➤ *IN THE BEGINNING:* [Genesis 1:1, 2 Peter 3:18]

- Matter (earth), Space (heaven) Time (the beginning) was _____.

➤➤ *AFTER THE FALL* [Genesis 3, Eph 5:15-16]

- Matter, Space and Time were _____ and _____

TODAY'S BIG IDEA:

CHRIST HAS REDEEMED US FOR THE GLORY OF GOD
EMPOWERING US TO LIVE A REDEEMED LIFE
AND ENABLING US TO REDEEM THE DAY
ALL TO THE GLORY OF GOD!

How do I live fully present and redeem the day?

THREE AREAS OF INTENTIONAL LIVING!

1. Capture every thought. [2 Cor 10:1-6]

➤➤ *CAPTURE* = _____

➤➤ *A STRONGHOLD:* When the _____, not the _____, controls the thoughts.

➤➤ *A THREE-PART WHOLE:* We are *BODY, SOUL, SPIRIT.* [1 Thess 5:23]

➤➤ *TWO EXAMPLES:* _____ and _____ rewires the brain.

A. _____ Thoughts: that _____ yesterday.

B. _____ Thoughts: that place _____ on me today.

C. _____ Thoughts: that are consumed with _____ about tomorrow.

2. Surrender every right. [1 Peter 2:18-25]

■ ■ OUR EXAMPLE:

- No one was ever more present and in the moment than _____.
 - No one surrendered His rights better than _____.
 - Christ surrendered his rights on the cross so _____.
- (It is our right to reject God and go to a Christ-less eternity.)

■ ■ Surrendering anything is a position of _____!

■ ■ Our _____ fights surrendering our rights.

A. The right to BE _____! [**Proverbs 19:11**]

B. The right to BE _____! (A common flesh pattern... **OUCH!**)

C. The right to HAVE _____!

3. Redeem every Moment. [Ephesians 5:15-20]

⚙ By Relying on the _____ and not the flesh.

⚙ By Having a consistent heart of _____.

⚙ By Yielding _____ of every circumstance to God.

Application & Transformation

Are there any strongholds that have developed in your life?
How are they impacting your ability to live a redeemed life that is fully present?
[Remember thoughts becoming feelings and feelings become actions]

I mentioned 3 practical rights we need to surrender.
Which one is your biggest struggle?
(Or is there another one you are aware of?)

In what way could you surrender "more moments" to God?

2 Peter 3:18 ESV

But grow in the grace and knowledge of our Lord and Savior Jesus Christ.
To him be the glory both now and to the **day of eternity**. Amen.

Ephesians 5:15-16 BSB

Pay careful attention, then, to how you walk, not as unwise but as wise,
16 redeeming the time, because the days are evil.

2 Corinthians 10:1-6 ESV

3 For though we walk in the flesh, we are not waging war according to the flesh. 4 For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. 5 We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ, 6 being ready to punish every disobedience, when your obedience is complete.

1 Thessalonians 5:23 ESV

Now may the God of peace himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ.

1 Peter 2:18-25 ESV

Servants, be subject to your masters with all respect, not only to the good and gentle but also to the unjust. 19 For this is a gracious thing, when, mindful of God, one endures sorrows while suffering unjustly. 20 For what credit is it if, when you sin and are beaten for it, you endure? But if when you do good and suffer for it you endure, this is a gracious thing in the sight of God. 21 For to this you have been called, because Christ also suffered for you, leaving you an example, so that you might follow in his steps. 22 He committed no sin, neither was deceit found in his mouth. 23 When he was reviled, he did not revile in return; when he suffered, he did not threaten, but continued entrusting himself to him who judges justly. 24 He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed. 25 For you were straying like sheep, but have now returned to the Shepherd and Overseer of your souls.

Proverbs 19:11 ESV

Good sense makes one slow to anger, and it is his glory to overlook an offense.

Ephesians 5:15-20 ESV

Look carefully then how you walk, not as unwise but as wise, 16 making the best use of the time, [*redeeming the time* ***bsb/kjv***] because the days are evil. 17 Therefore do not be foolish, but understand what the will of the Lord is. 18 And do not get drunk with wine, for that is debauchery, but be filled with the Spirit, 19 addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, 20 giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ, 21 submitting to one another out of reverence for Christ.